



FOOD AGREEMENT PLAN

Purpose: At The Tree House Child Care Center, we strive to provide optimum nutrition to support children's health, growth and development. Children will be served meals and snacks following the nutritional guidelines established by the Child and Adult Food Program (CAFP). Parents and/or guardians who wish to regularly and consistently provide food from home shall complete the Food Agreement Plan at the time of enrollment. The food agreement plan should be completed for all infants and toddlers.

As the parent/guardian of (child's name) _____, I am electing to consistently provide meals from home while my child is in care at the center and I understand:

- ☐ I am responsible to provide breakfast, lunch and 2 snacks following the CAFP guidelines. Repeatedly sending food from home that does not meet nutritional requirements will warrant notification from the center's director and may be cause for disenrollment.
- ☐ I will label my child's meals with his or her first and last name and date (daily).
- ☐ I will be respectful of my child's and other children's food allergies and follow the center's policies.
- ☐ Staff will inspect my child's food from home to assure no risk of allergens.
- ☐ I understand that my child's lunch will not be refrigerated, nor will staff heat or reheat food from home. I agree to use an insulated lunch bag and commercial ice packs to help keep foods cold and I will use a thermos when I intend to send a warm meal.
- ☐ I understand that food from home is for my child only and will not be shared with others.
- ☐ I will provide utensils needed for my child to eat the foods I provided.
- ☐ I will provide bottles, nipples, bottle inserts, sippy cups, toddler cups, infant utensils as needed.
- ☐ I will avoid foods that are choking hazards (round, hard, small, thick, sticky, slippery) if my child is under the age of 4. I will provide bite sized, peeled, easy to swallow pieces of food for my child.
- ☐ I understand I can only send ready to feed formula, pre-mixed bottles or mix bottles on site.
- ☐ I approve the center to add cereal to my infants formula as I direct. ☐ Not applicable.
- ☐ The center will provide water break opportunities throughout the day. I will provide my child (over the age of one year) with a water bottle labeled with his or her name. The water bottle will return home daily.
- ☐ I have provided and/or demonstrated feeding instructions to the center and lead teacher:
 - ❖ Food quantities: _____
 - ❖ Food consistencies/textures: _____
 - ❖ Meal frequency: _____
 - ❖ Positioning needs: _____
 - ❖ Adaptive plates/cups/utensils: _____
 - ❖ Environmental strategies: _____
 - ❖ Key words used at meal time: _____

Parent/guardian signature _____

Date _____